



**LUNCH MENU OCTOBER TO MARCH 2023**  
**Fresh Homemade Bread and Salad Bar Available Daily**  
**Week One**



w/c 31<sup>st</sup> Oct, 21<sup>st</sup> Nov, 12<sup>th</sup> Dec, 9<sup>th</sup> Jan, 30<sup>th</sup> Jan, 27<sup>th</sup> Feb, 20<sup>th</sup> Mar

Monday	Tuesday	Wednesday	Thursday	Friday
pepperoni or margarita pizza tuna salad	roast chicken cauliflower cheese	shepherd's pie fish cakes egg salad	sausages quorn sausages ham salad	fish fingers quorn chilli
potato waffles spaghetti hoops	broccoli carrots roast and mashed potatoes	herby potatoes French bread peas	roast and mashed potatoes mixed vegetables	chips rice baked beans
jam sponge with custard yoghurt fresh fruit	Norwegian spice cake with custard flapjack fresh fruit	fudge tart with chocolate sauce yoghurt fresh fruit salad	banana ginger cake date slice with custard fresh fruit	chocolate cherry slice with custard frozen yoghurt fresh fruit



**Week Two**

w/c 7<sup>th</sup> Nov, 28<sup>th</sup> Nov, 19<sup>th</sup> Dec, 16<sup>th</sup> Jan, 6<sup>th</sup> Feb, 6<sup>th</sup> Mar, 27<sup>th</sup> Mar



Monday	Tuesday	Wednesday	Thursday	Friday
beef lasagna jacket potatoes quorn wraps	pepperoni or margarita pizza ham salad	chicken casserole and dumplings beef grill egg salad	roast pork cheese quiche	hot dogs quorn hot dogs tuna salad
garlic bread carrots baked beans	potato waffles sweetcorn	herby potatoes mixed vegetables	roast and mashed potatoes cabbage carrots	chips spaghetti hoops
lemon love cake with custard yoghurt fresh fruit	fruit crumble with custard yoghurt fresh fruit	treacle sponge with custard yoghurt fresh fruit	Eve's pudding with custard yoghurt melon	cookies flapjack and milk fresh fruit



**Week Three**

w/c 14<sup>th</sup> Nov, 5<sup>th</sup> Dec, 2<sup>nd</sup> Jan, 23<sup>rd</sup> Jan, 21<sup>st</sup> Feb, 13<sup>th</sup> March



Monday	Tuesday	Wednesday	Thursday	Friday
breaded chicken quorn burger tuna salad	pork meatballs beef cobbler cheese salad	chicken tikka masala macaroni cheese ham salad	roast beef or turkey Yorkshire pudding baked bean lasagna	battered fish Mexican wraps egg salad
potato waffles spaghetti hoops	herby potatoes peas mixed vegetables	garlic bread rice sweetcorn	roast and mashed potatoes carrots broccoli	chips peas
chocolate and pear sponge with custard yoghurt fresh fruit	carrot cake with vanilla sauce yoghurt fresh fruit	pineapple sponge with custard yoghurt fresh fruit salad	blackberry and apple crumble flapjack and juice melon	chocolate cracknell frozen yoghurt fresh fruit

In line with legislation on food allergens, information is available, upon request, which details a range of possible allergens for each of the items on our menu.