## LIONEL WALDEN PRIMARY SCHOOL

Lunch Menu April to October 2023

Week One
W/C 17 April, 8 May, 5 June, 26 June, 17 July, 18 Sept, 9 Oct

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| spaghetti Bolognese salmon fish cake or vegetable Mexican wrap | pepperoni pizza margarita pizza or tuna salad | chicken tikka masala or pasta Neapolitan | roast beef and Yorkshire pudding or macaroni cheese | hot dogs/quorn hot dogs or egg salad |
| pasta or potato swirls sweetcorn or mixed vegetables | chips and baked beans | rice or bread roll and mixed vegetables | carrots roast and mashed potatoes or garlic bread | waffles and spaghetti hoops |
| fudge tart and chocolate sauce frozen yoghurt or fresh fruit | cookie, choc ice, fresh fruit salad or yoghurt | cornflake tart and custard shortbread biscuit and milk or fresh fruit | chocolate chip sponge and custard, fresh fruit salad or yoghurt | flapjack or muffin with fruit juice, yoghurt or fresh fruit |

## Week Two

W/C 24 April, 15 May, 12 June, 3 July, 4 Sept, 25 Sept, 16 Oct

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| breaded chicken quorn burger or cheese salad | roast pork or quorn chilli | cheese whirl, tuna pasta bake or ham salad | lasagna or jacket potato with cheese and beans | fish fingers or quorn wraps |
| hash browns and baked beans | carrots and broccoli roast and mashed potatoes | herby roll or potato wedges and mixed vegetables | garlic bread and sweetcorn | chips and peas |
| ice cream with chocolate or strawberry sauce, cookies and milk or fresh fruit | fruit crumble and custard, yoghurt or fresh fruit salad | toffee apple sponge and custard, yoghurt or fresh fruit | gingerbread person with milk, melon or yoghurt | sticky iced bun and fruit juice, yoghurt or fresh fruit |
| 曷電 | Week Three <br> y, 19 June, 10 July, 11 Sept, 2 Oct |  |  |  |


| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| sausages or quorn <br> sausages or egg <br> salad | roast chicken or <br> cheese quiche | beef Mexican hot pot <br> or vegetable pasta <br> bake | pepperoni pizza, <br> margarita pizza or <br> tuna salad | battered fish or <br> herby spaghetti |
| potato wedges andpeas | carrots and broccoli <br> roast and mashed <br> potatoes | sweetcorn <br> rice or potato swirls | waffles and baked <br> beans | chips or garlic bread <br> and peas |
| fruit cheese cake, <br> cookies and juice or <br> yoghurt | lemon love cake and <br> custard, yoghurt or <br> fresh fruit salad | Boston brownies and <br> custard, fruit <br> smoothie or fresh <br> fruit | vanilla or strawberry <br> ice cream, cookies <br> and fruit juice or <br> fresh fruit salad | chocolate cracknell <br> and fruit juice, <br> yoghurt or fresh <br> fruit |

Fresh Homemade Bread and Salad Bar Available Daily

