

## LIONEL WALDEN PRIMARY SCHOOL



Headteacher - Mrs Sally-Anne Barnard-Taylor

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30th April 2019

Dear Parents,

Walk to School Week: 20th - 23rd May 2019



We are fast approaching 'Walk to School Week' - an event we have participated in, every May and November, for several years - to help cut down congestion outside the school gate as well as increasing levels of exercise and promoting a healthy lifestyle.

Walking to school also helps develop better road sense and greater independence. Accidents do happen, but this should not deter us from going out - it should make us realise the importance of keeping alert and thinking ahead. Walking to school provides an opportunity for children to think about ways to deal with difficulties and how to stay safe. It also helps to cut pollution. We want our children to be safe, confident and independent and walking to school is a healthy and environmentally friendly way to learn many invaluable life skills.

Hot chocolate, milk, squash and water will be served each day in the school hall between 8.25 a.m. (to allow time for those who also wish to participate in the Daily Mile to do so) and 8.45 a.m. for pupils who have either walked to school or travelled by car and then walked the last part of their journey.

I hope you are able to support this initiative by encouraging your child to walk to and from school each day. If you live out of the village and drive your child or children to school, you could park away from the school and walk the last half mile or so. Please do try to take part and also consider walking to school more often in the future to cut down congestion and increase levels of exercise.

Yours sincerely,

S. A. Barnard-Taylor

<u>S. A. Barnard-Taylor</u> (Mrs) Headteacher













