



# LIONEL WALDEN PRIMARY SCHOOL LUNCH MENU 2016-2017



## Week One

19<sup>th</sup> April, 8<sup>th</sup> May, 5<sup>th</sup> June, 26<sup>th</sup> June, 17<sup>th</sup> July, 18<sup>th</sup> Sept, 9<sup>th</sup> Oct

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Burger Quorn Burger in a Bun Cheese Salad ----- Smiley Faces Spaghetti Hoops ----- Jam Sponge and Custard Frozen Yoghurt Fresh Fruit	Beef Lasagne Salmon Fish Cake Egg Salad ----- Garlic Bread Herby Potatoes Sweetcorn ----- Apple and Blackberry Pie with Custard Smoothie Fresh Fruit	Pepperoni Pizza Margherita Pizza Ham Salad ----- Waffles Baked Beans ----- Cookies and Juice Yoghurt Fresh Fruit Salad	Roast Beef and Yorkshire Pudding Turkey Wrap Quorn Wrap ----- Roast and Mashed Potatoes Carrots Cauliflower ----- Flapjack and Milk Choc Ice Fresh Fruit	Battered Fish Pasta Neapolitan ----- Chips Peas French Bread ----- Cornflake Tart with Custard Jelly Melon



## Week Two

24<sup>th</sup> April, 15<sup>th</sup> May, 12<sup>th</sup> June, 3<sup>rd</sup> July, 5<sup>th</sup> Sept, 25<sup>th</sup> Sept, 16<sup>th</sup> Oct



Monday	Tuesday	Wednesday	Thursday	Friday
Sausages Quorn Sausages Cheese Quiche ----- Roast and Mashed Potatoes Sweetcorn Cauliflower ----- Lemon Love Cake with Custard Frozen Yoghurt Fresh Fruit	Spaghetti Bolognese Cheese Whirl Egg Salad ----- Pasta Herby Potatoes Mixed Vegetables ----- Cookies and Juice Flapjack Fresh Fruit	Roast Pork Mexican Wrap Tuna Salad ----- Roast and Mashed Potatoes Carrots Broccoli ----- Carrot Cake with Vanilla Sauce Yoghurt Melon	Pepperoni Pizza Margherita Pizza Ham Salad ----- Waffles Baked Beans ----- Chocolate Sponge with Custard Fresh Fruit Salad Yoghurt	Fish Fingers Vegetable Pasta Bake ----- Bread Roll Chips Peas ----- Sticky Iced Bun and Fruit Juice Cheese and Biscuits Fresh Fruit



## Week Three

2<sup>nd</sup> May, 22<sup>nd</sup> May, 19<sup>th</sup> June, 10<sup>th</sup> July, 11<sup>th</sup> Sept, 2<sup>nd</sup> Oct



Monday	Tuesday	Wednesday	Thursday	Friday
Gammon Steak Cottage Pie Cheese and Tomato Pie ----- Herby Potatoes French Bread Peas Beans ----- Ice Cream and Sauce Yoghurt Fresh Fruit	Chicken Tikka Beef Grill Egg Salad ----- Rice Waffles Mixed Vegetables ----- Fudge Tart with Chocolate Sauce Yoghurt Fresh Fruit	Pork Balls Vegetable Ravioli Jacket Potato and Cheese ----- Garlic Bread Pasta Sweetcorn ----- Fruit Crumble with Custard Frozen Yoghurt Fresh Fruit	Roast Chicken Quorn Chilli Ham Salad ----- Roast and Mashed Potatoes Rice Carrots Broccoli ----- Cheesecake Cookie Fresh Fruit	Hot Dog Quorn Hot Dog Tuna Salad ----- Smiley Faces Spaghetti Hoops ----- Chocolate Cracknell and Milk Fresh Fruit Salad Yoghurt

## Fresh Homemade Bread and Salad Bar Available Daily

In line with legislation on food allergens, information is available, upon request, which details a range of possible allergens for each of the items on our menu.