



LIONEL WALDEN PRIMARY SCHOOL

LUNCH MENU

Week One

12th April, 2nd May, 23rd May, 20th June, 11th July, 12th Sept, 3rd Oct,



Monday	Tuesday	Wednesday	Thursday	Friday
Pork Meatballs Salmon Fishcake Quorn Wrap ----- Pasta Roast Potatoes Sweetcorn ----- Cheesecake Cookie and Juice Fresh Fruit	Pepperoni or Margherita Pizza Ham Salad ----- Potato Waffles Baked Beans ----- Carrot Cake and Vanilla Sauce Frozen Yoghurt Fresh Fruit	Roast Chicken Vegetable Lasagne ----- Cauliflower and Carrots Roast and Mashed Potatoes ----- Lemon Love Cake and Custard Yoghurt Fresh Fruit Salad	Shepherd's Pie Cheese Whirls Turkey Salad ----- Herby Potatoes Bread Roll Peas ----- Apple and Blackberry Pie and Custard Flapjack and Juice Fresh Fruit	Hot Dog Quorn Hot Dog Tuna Salad ----- Smiley Faces Spaghetti Hoops ----- Ice Cream Yoghurt Fresh Fruit



Week Two

18th April, 9th May, 6th June, 27th June, 18th July, 19th Sept, 10th Oct,



Monday	Tuesday	Wednesday	Thursday	Friday
Beef Grills Ravioli Cheese Salad ----- Herby Potatoes Fresh French Bread Baked Beans ----- Fudge Tart and Chocolate Sauce Yoghurt Fresh Fruit	Roast Pork Macaroni Cheese ----- Carrots and Broccoli Roast and Mashed Potatoes ----- Treacle Sponge and Custard Frozen Yoghurt Fresh Fruit	Pepperoni or Margherita Pizza Ham Salad ----- Potato Waffles Spaghetti Hoops ----- Shortbread Cookie and Milk Melon Yoghurt	Chicken Pasta Bake Beef Chilli Quorn Wrap ----- Garlic Bread Rice Mixed Vegetables ----- Chocolate Cracknell and Juice Yoghurt Fresh Fruit Salad	Fish Fingers Egg Salad ----- Chips Peas ----- Iced Bun Yoghurt Fresh Fruit



Week Three

25th April, 16th May, 13th June, 4th July, 5th Sept, 26th Sept, 17th Oct



Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Burger Quorn Burger Cheese and Sweetcorn Quiche ----- Smiley Faces Spaghetti Hoops ----- Chocolate and Pear Sponge and Custard Yoghurt Fresh Fruit	Roast Beef or Turkey Yorkshire Pudding Mexican Wrap ----- Mixed Vegetables Roast and Mashed Potatoes ----- Custard Cookies and Juice Frozen Yoghurt Fresh Fruit	Chicken Tikka Beef Lasagne Cauliflower Cheese ----- Rice Garlic Bread Sweetcorn ----- Fruit Crumble and Custard Iced Smoothie Melon	Sausages Quorn Sausages Cheese and Tomato Pie ----- Carrots Runner Beans Roast and Mashed Potatoes ----- Choc Ice Flapjack and Milk Fresh Fruit Salad	Fish Quorn Chilli Egg Salad ----- Chips Peas ----- Gingerbread Person and Fruit Juice Jelly Fresh Fruit

Fresh Homemade Bread and Salad Bar Available Daily

In line with legislation on food allergens, information is available, upon request, which details a range of possible allergens for each of the items on our menu.