



LIONEL WALDEN PRIMARY SCHOOL LUNCH MENU APRIL TO OCTOBER 2018



Week One

w/c 16th April, 7th May, 4th June, 25th June, 16th July, 10th Sept, 1st Oct

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|---|---|
| Sausages Quorn Sausages Cheese Salad ----- Mashed and Roast Potatoes Mixed Vegetables ----- Flapjack and Juice Smoothie Fresh Fruit | Pepperoni or Margarita Pizza Ham Salad ----- Waffles Spaghetti Hoops ----- Chocolate Sponge with Custard Yoghurt Fresh Fruit | Beef Lasagne Salmon Fish Cake Egg Salad ----- Herby Potatoes Garlic Bread Sweet Corn ----- Cherry Pie with Custard Cookies Fresh Fruit Salad | Roast Chicken Vegetable Pasta Bake ----- Mashed and Roast Potatoes Carrots and Broccoli ----- Lemon Love Cake with Custard Frozen Yoghurt Fresh Fruit | Fish Fingers Quorn Wrap ----- Chips Peas ----- Custard Cookies Choc Ice Melon |



Week Two

w/c 23rd April, 14th May, 11th June, 2nd July, 23rd July, 17th Sept, 8th Oct



| Monday | Tuesday | Wednesday | Thursday | Friday |
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| Chicken Burger Macaroni Cheese ----- Bread Roll Waffles Baked Beans ----- Ice Cream with Chocolate Sauce Cookies Fresh Fruit | Roast Beef or Turkey and Yorkshire Pudding Ravioli ----- Carrots Mashed and Roast Potatoes ----- Lemon Crunch Pie with Custard Cheesecake Fresh Fruit | Pepperoni or Margarita Pizza Egg Salad ----- Smiley Faces Spaghetti Hoops ----- Fruit Crumble with Custard Flapjack Fresh Fruit | Beef Mexican Hot Pot Tuna Pasta Bake Ham Salad ----- Tomato Bread Sweet Corn ----- Fudge Tart with Chocolate Sauce Yoghurt Fresh Fruit Salad | Battered Fish Jacket Potatoes with Baked Beans ----- Chips Peas ----- Sticky Iced Bun with Milk, Frozen Yoghurt Fresh Fruit |



Week Three

w/c 30th April, 21st May, 18th June, 9th July, 3rd Sept, 24th Sept, 15th Oct



| Monday | Tuesday | Wednesday | Thursday | Friday |
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| Spaghetti Bolognese Pasta Neapolitan Tuna Salad ----- Garlic Bread Pasta Sweet Corn ----- Gingerbread Person with Juice Yoghurt Fresh Fruit | Roast Pork Quorn Mexican Wrap ----- Mashed and Roast Potatoes Carrots and Broccoli ----- Carrot Cake with Vanilla Sauce Cookie Fresh Fruit | Beef Grill Cheese Whirl Ham Salad ----- Herby Potatoes Spaghetti Hoops ----- Chocolate and Banana Muffin, Frozen Smoothie Melon | Chicken Tikka Masala Pork Balls Cheese Quiche ----- Rice Pasta Mixed Vegetables ----- Cornflake Tart with Custard Frozen Yoghurt Fresh Fruit | Hotdog Quorn Hotdog Egg Salad ----- Waffles Beans ----- Chocolate Cracknell and Milk Fresh Fruit Salad Yoghurt |

Fresh Homemade Bread and Salad Bar Available Daily

In line with legislation on food allergens, information is available, upon request, which details a range of possible allergens for each of the items on our menu.