



LIONEL WALDEN PRIMARY SCHOOL LUNCH MENU APRIL TO OCTOBER 2022



Week One

w/c 20th April, 9th May, 6th June, 27th June, 18th July, 19th Sept, 10th Oct

Monday	Tuesday	Wednesday	Thursday	Friday
Spaghetti Bolognese Salmon Fish Cake Cheese Salad ----- Potato Wedges Carrots Peas ----- Fudge Tart with Chocolate Sauce Frozen Yoghurt Fresh Fruit	Roast Pork Vegetable Lasagne ----- Garlic Bread Roast and Mashed Potatoes Cabbage Mixed Vegetables ----- Choc Ice Flapjack and Juice Fresh Fruit	Chicken Tikka Masala Pasta Neapolitan Tuna Salad ----- Rice Bread Roll Sweetcorn ----- Cornflake Tart with Custard Cookie and Milk Yoghurt	Pepperoni or Margarita Pizza Ham Salad ----- Potato Waffles Baked Beans ----- Jam Sponge with Custard Ice Smoothie Fresh Fruit Salad	Hot Dogs Quorn Hot Dogs Egg Salad ----- Chips Spaghetti Hoops ----- Ice Cream with Chocolate or Strawberry Sauce Yoghurt Fresh Fruit



Week Two

w/c 25th April, 16th May, 13th June, 4th July, 5th Sept, 26th Sept, 17th Oct



Monday	Tuesday	Wednesday	Thursday	Friday
Breaded Chicken Quorn Burger Cheese Salad ----- Hash Browns Baked Beans ----- Fruit Crumble with Custard Yoghurt Fresh Fruit	Lasagne Cheese Slice Ham Salad ----- Potato Wedges Garlic Bread Carrots ----- Jam Tart with Custard Cookie and Juice Yoghurt	Pork Balls Macaroni Cheese Tuna Salad ----- Pasta Bread Roll Mixed Vegetables ----- Gingerbread Person and Milk Frozen Yoghurt Fresh Fruit Salad	Roast Beef or Turkey with Yorkshire Pudding Cauliflower Cheese ----- Broccoli Carrots Roast and Mashed Potatoes ----- Chocolate Cherry Slice with Custard Yoghurt Melon	Fish Fingers Quorn Wraps Egg Salad ----- Chips Peas ----- Sticky Iced Bun and Fruit Juice Yoghurt Fresh Fruit



Week Three

w/c 2nd May, 23rd May, 20th June, 11th July, 12th Sept, 3rd Oct



Monday	Tuesday	Wednesday	Thursday	Friday
Pork or Quorn Sausage Tuna Salad ----- Roast and Mashed Potatoes Peas ----- Fruit Cheesecake Cookie with Juice Fresh Fruit Yoghurt	Roast Chicken Cheese Quiche ----- Roast and Mashed Potatoes Broccoli Carrots ----- Lemon Love Cake with Custard Yoghurt Fresh Fruit	Shepherd's Pie Jacket Potato with Beans Ham Salad ----- Herby Bread Roll Sweetcorn ----- Chocolate and Pear Sponge with Chocolate Sauce Yoghurt Fresh Fruit Salad	Pepperoni or Margarita Pizza Egg Salad ----- Potato Waffles Spaghetti Hoops ----- Jelly and Ice Cream Cookie and Milk Yoghurt Melon	Battered Fish Quorn Chilli Turkey Salad ----- Chips Peas ----- Chocolate Cracknell with Milk or Juice Yoghurt Fresh Fruit

Fresh Homemade Bread and Salad Bar Available Daily

In line with legislation on food allergens, information is available, upon request, which details a range of possible allergens for each of the items on our menu.