



LIONEL WALDEN PRIMARY SCHOOL

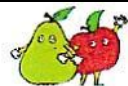
LUNCH MENU - SEPTEMBER 2021



Week One

w/c 2nd Sept, 20th Sept, 11th Oct, 8th Nov, 29th Nov

Monday	Tuesday	Wednesday	Thursday	Friday
Pepperoni or Margarita Pizza Tuna Salad	Pork Meatballs Vegetable Slice Cheese Salad	Roast Chicken Baked Bean Lasagne	Sausage Quorn Sausage Mince Beef Stew with Dumpling	Battered Fish Cheese Whirl
Waffles Baked beans	Herby Potatoes Pasta Sweetcorn	Roast and Mashed Potatoes Carrots Broccoli	Roast and Mashed Potatoes Mixed Vegetables	Chips Peas
Jam Sponge with Custard Frozen Yoghurt Fresh Fruit	Cherry Pie with Custard Cookie and Juice Fresh Fruit	Fudge Tart with Chocolate Sauce Yoghurt Fresh Fruit Salad	Lemon Love Cake with Custard Cornflake Cookie Fresh Fruit	Chocolate Cracknell and Milk Melon Yoghurt



Week Two

w/c 6th Sept, 27th Sept, 18th Oct, 15th Nov, 6th Dec



Monday	Tuesday	Wednesday	Thursday	Friday
Breaded Chicken Tuna Pasta Bake Cheese Salad	Gammon Beef Lasagne Egg Salad	Pepperoni or Margarita Pizza Ham Salad	Roast Pork Quorn Chilli and Rice	Fish Fingers Mexican Wraps
French Bread Herby Potatoes Mixed Vegetables	Hash Browns Garlic Bread Beans	Waffles Spaghetti Hoops	Roast and Mashed Potatoes Carrots Cauliflower	Chips Peas
Chocolate Sponge with Custard Yoghurt Fresh Fruit	Carrot Cake with Vanilla Sauce Frozen Yoghurt Fresh Fruit	Fruit Crumble with Custard Flapjack and Juice Melon	Gingerbread Person Yoghurt Fresh Fruit Salad	Norwegian Spice Cake with Custard Smoothie Fresh Fruit



Week Three

w/c 13th Sept, 4th Oct, 1st Nov, 22nd Nov, 13th Dec



Monday	Tuesday	Wednesday	Thursday	Friday
Salmon Fish Cake Macaroni Cheese	Chicken Tikka Beef Grill Egg Salad	Spaghetti Bolognese Jacket Potato with Cheese or Tuna	Roast Beef Yorkshire Pudding Pasta Neapolitan	Hot Dogs Quorn Hot Dogs Ham Salad
Garlic Bread Herby Potatoes Mixed Vegetables	Rice Waffles Spaghetti Hoops	Pasta Bread Roll Sweetcorn	Roast and Mashed Potatoes Broccoli Carrots	Chips Baked Beans
Lemon Crunch Pie with Custard Frozen Yoghurt Fresh Fruit	Bakewell Tart with Custard Cookie and Juice Fresh Fruit	Chocolate and Cherry Slice with Custard Flapjack and Milk Fresh Fruit	Date Slice with Custard Smoothie Melon	Treacle Sponge with Custard Yoghurt Fresh Fruit Salad

Fresh Homemade Bread and Salad Bar Available Daily

In line with legislation on food allergies, information is available, on request, which details a range of possible allergens for each of the items on our menu.