



LIONEL WALDEN PRIMARY SCHOOL

LUNCH MENU 2017-2018



Week One

Weeks commencing 30th Oct, 20th Nov, 11th Dec, 8th Jan, 29th Jan, 26th Feb, 19th Mar

Monday	Tuesday	Wednesday	Thursday	Friday
Pepperoni or Margherita Pizza Tuna Salad ----- Potato Waffles Spaghetti Hoops ----- Jam Sponge with Custard Yoghurt Fresh Fruit	Roast Chicken Cauliflower Cheese ----- Broccoli Carrots Roast and Mashed Potatoes ----- Norwegian Spice Cake with Custard Flapjack Fresh Fruit	Shepherd's Pie Fish Cakes Egg Salad ----- Herby Potatoes French Bread Peas ----- Fudge Tart with Chocolate Sauce Yoghurt Fresh Fruit Salad	Sausages Quorn Sausages Ham Salad ----- Roast and Mashed Potatoes Mixed Vegetables ----- Banana Ginger Cake Date Slice with Custard Fresh Fruit	Fish Fingers Quorn Chilli ----- Chips Rice Baked Beans ----- Chocolate Cherry Slice with Custard Frozen Yoghurt Fresh Fruit



Week Two

6th Nov, 27th Nov, 18th Dec, 15th Jan, 5th Feb, 5th Mar, 26th Mar



Monday	Tuesday	Wednesday	Thursday	Friday
Beef Lasagne Jacket Potatoes Quorn Wrap ----- Garlic Bread Carrots Baked Beans ----- Lemon Love Cake with Custard Yoghurt Fresh Fruit	Pepperoni or Margherita Pizza Ham Salad ----- Potato Waffles Sweetcorn ----- Fruit Crumble with Custard Yoghurt Fresh Fruit	Chicken Casserole and Dumplings Beef Grill Egg Salad ----- Herby Potatoes Mixed Vegetables ----- Treacle Sponge with Custard Yoghurt Fresh Fruit Salad	Roast Pork Cheese Quiche ----- Roast and Mashed Potatoes Cabbage Carrots ----- Eve's Pudding with Custard Yoghurt Melon	Hot Dogs Quorn Hot Dogs Tuna Salad ----- Chips Spaghetti Hoops ----- Cookies Flapjack and Milk Fresh Fruit



Week Three

13th Nov, 4th Dec, 4th Jan, 22nd Jan, 19th Feb, 12th Mar



Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Burger Quorn Burger Cheese Salad ----- Potato Waffles Spaghetti Hoops ----- Chocolate and Pear Sponge with Custard Yoghurt Fresh Fruit	Pork Meatballs Beef Cobbler Vegetable Ravioli ----- Herby Potatoes Pasta Mixed Vegetables ----- Carrot Cake with Vanilla Sauce Yoghurt Fresh Fruit	Chicken Tikka Masala Macaroni Cheese Ham Salad ----- Garlic Bread Rice Sweetcorn ----- Pineapple Sponge with Custard Yoghurt Fresh Fruit Salad	Roast Beef or Turkey Yorkshire Pudding Baked Bean Lasagne ----- Roast and Mashed Potatoes Carrots Broccoli ----- Blackberry and Apple Crumble Flapjack and Juice Melon	Battered Fish Mexican Wrap Egg Salad ----- Chips & Peas ----- Chocolate Cracknell Frozen Yoghurt Fresh Fruit

Fresh Homemade Bread and Salad Bar Available Daily

In line with legislation on food allergens, information is available, upon request, which details a range of possible allergens for each of the items on our menu.