



# LIONEL WALDEN PRIMARY SCHOOL

## LUNCH MENU OCTOBER 2019 TO APRIL 2020



### Week One

w/c 28<sup>th</sup> Oct, 18<sup>th</sup> Nov, 9<sup>th</sup> Dec, 13<sup>th</sup> Jan, 3<sup>rd</sup> Feb, 2<sup>nd</sup> Mar, 23<sup>rd</sup> Mar

Monday	Tuesday	Wednesday	Thursday	Friday
Pepperoni or Margarita Pizza	Pork Balls	Roast Chicken	Sausage	Battered Fish
Tuna Salad	Ravioli	Baked Bean Lasagne	Quorn Sausage	Cheese Whirl
-----	Cheese Salad	-----	Mince Beef Stew	-----
Waffles	-----	Roast and Mashed	and Dumpling	Chips
Baked Beans	Bread Roll	Potatoes	-----	Peas
-----	Pasta	Carrots	Roast and Mashed	-----
Jam Sponge	Sweetcorn	Broccoli	Potatoes	Chocolate Cracknell
with Custard	-----	-----	Mixed Vegetables	and Milk
Frozen Yoghurt	Cherry Pie	Fudge Tart	-----	Melon
Fresh Fruit	with Custard	with Chocolate Sauce	Lemon Love Cake	Yoghurt
	Cookie and Juice	Yoghurt	with Custard	
	Fresh Fruit	Fresh Fruit Salad	Cornflake Cookie	
			Fresh Fruit	



### Week Two

w/c 4<sup>th</sup> Nov, 25<sup>th</sup> Nov, 16<sup>th</sup> Dec, 20<sup>th</sup> Jan, 10<sup>th</sup> Feb, 9<sup>th</sup> Mar, 30<sup>th</sup> Mar



Monday	Tuesday	Wednesday	Thursday	Friday
Breaded Chicken	Gammon	Pepperoni or	Roast Pork	Fish Fingers
Tuna Pasta Bake	Beef Lasagne	Margarita Pizza	Quorn Chilli and Rice	Mexican Wraps
Cheese Salad	Egg Salad	Ham Salad	-----	-----
-----	-----	-----	Roast and Mashed	Chips
French Bread	Hash Browns	Waffles	Potatoes	Peas
Herby Potatoes	Garlic Bread	Spaghetti Hoops	Carrots	-----
Mixed Vegetables	Beans	-----	Cauliflower	Norwegian Spice
-----	-----	Fruit Crumble	-----	with Custard
Chocolate Sponge	Carrot Cake	with Custard	Gingerbread Person	Smoothie
with Custard	with Vanilla Sauce	Flapjack and Juice	Yoghurt	Fresh Fruit
Yoghurt	Frozen Yoghurt	Melon	Fresh Fruit Salad	
Fresh Fruit	Fresh Fruit			



### Week Three

w/c 11<sup>th</sup> Nov, 2<sup>nd</sup> Dec, 6<sup>th</sup> Jan, 27<sup>th</sup> Jan, 24<sup>th</sup> Feb, 16<sup>th</sup> Mar



Monday	Tuesday	Wednesday	Thursday	Friday
Salmon Fish Cake	Chicken Tikka	Spaghetti Bolognese	Roast Beef	Hot Dogs
Macaroni Cheese	Beef Grill	Jacket Potato with	Yorkshire Pudding	Quorn Hotdogs
-----	Egg Salad	Cheese or Tuna	Pasta Neapolitan	Ham Salad
Garlic Bread	-----	-----	-----	-----
Herby Potatoes	Rice	Pasta	Roast and Mashed	Chips
Mixed Vegetables	Waffles	Bread Roll	Potatoes	Baked Beans
-----	Spaghetti Hoops	Sweetcorn	Broccoli	-----
Lemon Crunch Pie	-----	-----	Carrots	Treacle Sponge
with Custard	Bakewell Tart	Chocolate and Cherry	-----	with Custard
Frozen Yoghurt	with Custard	Slice with Custard	Date Slice	Yoghurt
Fresh Fruit	Cookie and Juice	Flapjack and Milk	with Custard	Fresh Fruit Salad
	Fresh Fruit	Fresh Fruit	Smoothie	
			Melon	

### Fresh Homemade Bread and Salad Bar Available Daily

In line with legislation on food allergens, information is available, upon request, which details a range of possible allergens for each of the items on our menu.