



LIONEL WALDEN PRIMARY SCHOOL

LUNCH MENU OCTOBER 2018 TO APRIL 2019



Week One

w/c 29th Oct, 19th Nov, 10th Dec, 7th Jan, 28th Jan, 25th Feb, 18th Mar, 8th Apr

Monday	Tuesday	Wednesday	Thursday	Friday
Spaghetti Bolognese	Sausages	Roast Beef	Breaded Chicken	Fish Fingers
Cheesy Bean	Quorn Sausages	Yorkshire Pudding	Pork Balls	Quorn Wraps
and Potato Pie	Chicken Casserole	Salmon Fish Pie	Cheese Salad	-----
-----	and Dumplings	Egg Salad	-----	Chips
Bread Roll	-----	-----	Herby Potatoes	Baked Beans
Sweetcorn	Roast and Mashed	Roast and Mashed	Pasta	-----
-----	Potatoes	Potatoes	Spaghetti Hoops	Carrot Cake with
Eve's Pudding	Peas	Carrots	-----	Vanilla Sauce
with Custard	-----	Cauliflower	Fruit Crumble	Jam Tart
Frozen Yoghurt	Lemon Crunch Pie	-----	with Custard	Fresh Fruit
Fresh Fruit	with Custard	Fudge Tart	Flapjack and Milk	
	Cookie	with Chocolate Sauce	Melon	
	Fresh Fruit	Yoghurt		
		Fresh Fruit Salad		



Week Two

w/c 5th Nov, 26th Nov, 17th Dec, 14th Jan, 4th Feb, 4th Mar, 25th Mar



Monday	Tuesday	Wednesday	Thursday	Friday
Shepherd's Pie	Roast Chicken	Beef Lasagne	Pepperoni or	Battered Fish
Ravioli	Tuna Pasta Bake	Salmon Fish Cake	Margarita Pizza	Jacket Potato with
Cheese Salad	-----	Egg Salad	Ham Salad	Cheese and Beans
-----	Mashed and Roast	-----	-----	-----
Bread Roll	Potatoes	Herby Potatoes	Potato Waffles	Chips
Carrots	French Bread	Garlic Bread	Spaghetti Hoops	Peas
Peas	Carrots	Sweetcorn	-----	-----
-----	Broccoli	-----	Jam Sponge	Sticky Iced Bun
Chocolate and Pear	-----	Lemon Love Cake	with Custard	with Juice
Sponge with Custard	Apple Cobbler	with Custard	Yoghurt	Frozen Yoghurt
Yoghurt	with Custard	Smoothie	Fresh Fruit Salad	Fresh Fruit
Fresh Fruit	Flapjack and Milk	Fresh Fruit		
	Fresh Fruit			



Week Three

w/c 12th Nov, 3rd Dec, 31st Dec, 21st Jan, 11th Feb, 11th Mar, 1st Apr



Monday	Tuesday	Wednesday	Thursday	Friday
Pepperoni or	Roast Pork	Ham and Sweetcorn	Chicken Tikka Masala	Hotdog
Margarita Pizza	Quorn Mexican Wraps	Pasta Bake	Beef Chilli	Quorn Hotdog
Ham Salad	-----	Beef Grill	Egg Salad	Tuna Salad
-----	Mashed and Roast	Cheese Salad	-----	-----
Potato Waffles	Potatoes	-----	Rice	Chips
Spaghetti Hoops	Carrots	Garlic Bread	French Bread	Baked Beans
-----	Broccoli	Herby Potatoes	Sweetcorn	-----
Treacle Sponge	-----	Mixed Vegetables	-----	Chocolate Cracknell
with Custard	Chocolate Cherry	-----	Cornflake Tart	Frozen Yoghurt
Frozen Yoghurt	Slice with Custard	Fruit Crumble	with Custard	Fresh Fruit
Fresh Fruit	Cookie	with Custard	Flapjack and Milk	
	Fresh Fruit	Smoothie	Melon	
		Fresh Fruit Salad		

Fresh Homemade Bread and Salad Bar Available Daily

In line with legislation on food allergens, information is available, upon request, which details a range of possible allergens for each of the items on our menu.

