

Subject Long Term School Overview: PSHE/RSE Curriculum

Area of Learning	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Myself & My Relationships Beginning and Belonging	Myself & My Relationships - Beginning & Belonging (BB1/2)	Citizenship Rights Rules & Responsibilities (RR 1/2)	Myself & My Relationships Beginning & Belonging (BB3/4)	Citizenship Rights, Rules & Responsibilities (RR 3/4)	Myself & My Relationships Beginning & Belonging (BB 5/6)	Citizenship Rights, Rules & Responsibilities (RR 5/6)
Autumn 2	Myself & My Relationships Family and Friends	Myself & My Relationships - My Emotions (ME1/2)	Myself & My Relationships Family & Friends (FF 1/2)	Myself & My Relationships My Emotions (ME 3/4)	Myself & My Relationships Family & Friends (FF3/4)	Myself & My Relationships My Emotions (ME 5/6)	Myself & My Relationships Family and Friends (FF 5/6)
			Myself & My Relationships Anti-bullying (AB 1/2)		Myself & My Relationships Antibullying (AB 3/4)		Myself & My Relationships Anti-bullying (AB 5/6)
Spring 1	Myself & My Relationships My Emotions	Healthy & Safer Lifestyles Managing Safety & Risk (HL1/2)	Economic Wellbeing Financial Capability (FC 1/2)	Citizenship Working Together (WT3/4)	Economic Wellbeing Financial Capability (FC 3/4)	Citizenship Working Together (WT 5/6)	Healthy & Safer Lifestyles Personal Safety (PS 5/6)
	Healthy & Safer Lifestyles Healthy Lifestyles			Healthy & Safer Lifestyles Healthy Lifestyles (HL 3/4)			
Spring 2	Citizenship - Identities & Diversity	Healthy & Safer Lifestyles Managing Safety & Risk (MSR 1/2)	Health & Safer Lifestyles Personal Safety (PS1/2)	Citizenship Diversity & Communities (DC 3/4)	Healthy & Safer Lifestyles Personal Safety (PS 3/4)	Healthy & Safer Lifestyles Healthy Lifestyles (HL5/6)	Economic Wellbeing Financial Capability (FC 5/6)
Summer 1	Citizenships Me & My World	Citizenship Diversity & Communities (DC 1/2)	Healthy & Safer Lifestyles Relationships and Sex Education (RS 2)	Healthy & Safer Lifestyles Managing Safety & Risk (MSR 3/4)	Healthy & Safer Lifestyles Relationships and Sex Education (RS4)	Healthy & Safer Lifestyles Managing Safety & Risk (MSR 5/6)	Myself & My Relationships Managing Change (MC 5/6)
	Healthy & Safer Lifestyles - My Body & Growing Up	Healthy & Safer Lifestyles Digital Lifestyles (TG Digital Lifestyles)	Healthy & Safer Lifestyles Drug Education (DE 1/2)	Healthy & Safer Lifestyles Digital Lifestyles (TG Digital Lifestyles)	Healthy & Safer Lifestyles Drug Education (DE3/4)	Citizenship Diversity & Communities (DC 5/6)	
Summer 2	Healthy & Safer Lifestyles - Keeping Safe	Citizenship Working Together (WT 1/2)	Myself & My Relationships Managing Change (MC 1/2)	Healthy & Safer Lifestyles Relationships and Sex Education (RS 3)	Myself & My Relationships Managing Change (MC 3/4)	Healthy & Safer Lifestyles Digital Lifestyles (TG Digital Lifestyles)	Healthy & Safer Lifestyles Relationships & Sex Education (RS 6)
		Healthy & Safer Lifestyles Relationships & Sex Education (RS 1)				Healthy & Safer Lifestyles Relationships and Sex Education (RS 5)	Healthy & Safer Lifestyles Personal Safety (PS 5/6)

(Items in brackets refer to the unit of work from Cambridgeshire Primary Personal Development Programme)